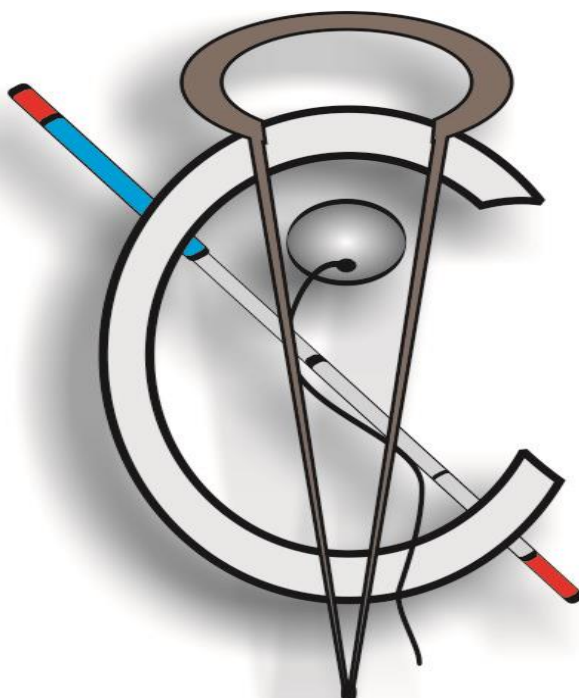


ANNUAL ACTIVITIES REPORT

APRIL 2022-MARCH 2023



Chairman Message

HANDICAPPED DEVELOPMENT FOUNDATION MANIPUR

Sagolband Tera Pukhri Mapal, Imphal West – 795001, Manipur, India.

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First of all, I would like to congratulate my team and well-wishers on completing 24 years of service. Thank you for being a part of this journey. I appreciate all the dedication, sacrifice and commitment towards the accomplishment of our goals. We have come a long way and many miles to go for the betterment of people with disabilities.

Disability is not a sin; it is not a cursed of God. It comes from three ways; it may be due to accident, illness or genetic. These are associated from the beginning of our civilization and will remain till mankind exists. Present intellectuals have admitted that disability is inevitable in this society. Therefore, it's a high time to change our attitude towards disability with more participation, awareness, education, sustainability and inclusive growth.

In a positive way difference is good, even though most people subconsciously reject this notion, because it is much easier to stand with the crowd rather than standing alone. But we must persist. Being noticed is the only way to change society. If no-body arises, nothing will change.

Thinking of a world where everyone was the same, what a dull place it would be, variety is the spice of life not conformity. We must remember our evolution was possible only because some of us were different.

I would suggest not being afraid of getting involved in things you don't know anything about. If it interests you, you should explore it to the maximum. We never know what we can learn and do if we try; if we don't try we learn nothing.

When you choose a path, no matter which one, you should always give your best. Of course, it's not always easy but Handicapped Development Foundation Manipur is always there to support you.

Regards,

Dr. Sapam Jasowanta Singh
Chairman
Handicapped Development Foundation Manipur

INTRODUCTION

HD Foundation Manipur is a non-profit making NGO established in 1999 and got the status of a registered trust under the India Trust Act 1882 under registration number 387 of 2002 in the state of Manipur, India. Our motto is Live, Liberty & Sacrifice. Our Objective is the Social Inclusion of Persons with Disabilities by providing educational assistance, livelihood promotion activities, community awareness, health care services, parents counseling, legal aid, etc. working with the PWDs and their family members, village community and social activist of the State and National & International Non- Government Organization. HD Foundation envisages a welfare society where poorest of the poor, weaker section and especially the handicapped persons of the society could enjoy with full justice and democratic values in life.

In the past 24 years of our dedication, commitment, & meaningful intervention had improved the quality of life for hundreds of the persons with disability across the state. We recognized the rights of every individual irrespective of their physical strength and mental ability to lead a life of dignity and self-respect in a just and equitable society, and the need to develop the capacities of individuals and communities to improve the quality of their lives and enhance their ability to negotiate from a position of strength that would come from being educated, in good health and having the capacity to be engaged in productive works.

Moto of the HD Foundation: LIFE, LIBERTY AND SACRIFICE.

Trust area: Disability, Health & Education, Women and Child, Aged, Weaker section of the society.

Vision: The Handicapped Development Foundation envisages a welfare society where Persons with Disabilities to integrate in the mainstream society, poorest of the poor and weaker section of the society could enjoy with full justice and democratic values of life.

Mission: The Handicapped Development Foundation as an effective partner with the community envisages a sustainable society towards the fulfillment of disabilities welfare, people's health, economic, education and gender justice.

OUR ACTIVITIES AT A GLANCE:

1. *Health Care and Rehabilitation Centre (HCRC).*
2. *Direct Child Assistant (DCA).*
3. *Cross Disability and Counselling Centre*
4. *Basanta Sapam Chaobi Integrated and Research Institution (BCIRI)*
5. *Awareness and Workshop Program.*
6. *Vocational Training Program.*
7. *Extra-curricular activities for building self-confidence to restore regular life in the mainstream society.*
8. *DPO Activities.*
9. *Digital Library.*

<u>OUR PARTNERS AND COLLABORATORS:</u>	<u>OUR FUNDERS:</u>
1. Social Welfare Department, Govt. of Manipur 2. National Trust, Govt. of India. 3. Jan Vikas Samiti, Varanasi, India and Liliane Foundation, Netherland. 4. Mobility India. 5. Motivation India. 6. Disable People's International. 7. National Disability Network. 8. National Centre for Promotion of Employment for Disabled People (NCPEDP) 9. Disability Commissioner. 10. North-East Disability Alliance. 11. CBR Network.	1. Jan Vikas Samiti, Varanasi – Liliane Foundation, Netherland. 2. National Trust, Ministry of Social Justice and Empowerment, Govt. of India. 3. Deendayal Rehabilitation Centre (DDRC), Ministry of Social Justice and Empowerment, Govt. of India. 4. Social Welfare Department, Govt. of Manipur. 5. Public Donations.

<u>Executive Members</u>			<u>Present Staff</u>		
1	Dr. Ch. Rupachandra Singh	Adviser	1	Dr. Laishram Bina Devi	Programme Manager
2	Kennedy Sapam	Adviser	2	N. Jayaprada Devi	Account Manager
3	Dr. Sapam Jasowanta Singh	Chairman	3	Dr. N. Sanatomba Singh	Physiotherapist
4	Thiyam Ram Singh	Vice-Chairman	4	Guddy Yensembam	Special Educator
5	Dr. Laishram Bina Devi	Secretary General	5	M. Manjan Singh	Program Coordinator
6	Ng. Thoithoi Devi	Treasurer	6	N. Monika Devi	Rhyme Teacher
7	N. Jayaprada Devi	Member	7	L. Nganthoi Devi	CBR Consultant
8	L. Sunita Devi	Member	8	Minakshi Thoudam	CBR Consultant
9	Happyson Hungyo	Member	9	Ningombam Amuba Singh (Cerebral Palsy)	Multi Task Staff
			10	N. Sobhashini Devi	Care Taker
			11	O. Memthoi Devi	Care Taker

OUR ACTIVITIES IN DETAILS - (2022-23)

1. HEALTH CARE AND REHABILITATION CENTRE (HCRC)

At Present the Centre is providing physiotherapy and speech therapy to 39 needy Children with disabilities. Most of the children are Cerebral Palsy, Autism, Intellectual disability etc. and they are economically poor that they cannot afford for fees to the therapist. The Foundation is providing the therapist to the 0 – 25 years with free of cost. Also, we are providing them 50% of the transportation fare. HCRC was opened from the 10th September 2012 and the service provide rehabilitation work i.e. physiotherapy, speech therapy, occupational therapy, Learning foundation, home based therapy, medical checkup and parents counseling. Seeing the need of early intervention to children with disabilities for their bright future, the Integrated Day Care Unit was set up on the 10th August 2016 as a unit under Health Care and Rehabilitation Centre run by Handicapped Development (HD) Foundation, Manipur. Play therapy is also a method of therapy and responding to the mental health needs of children and is extensively acknowledged by experts as an effective and



Type of Therapy- Physiotherapy & Speech Therapy

suitable intervention in dealing with children's brain development. In our day care center play therapy has been performed every Thursday as a schedule. Our organization provide services on online virtual mode i.e. online video therapy, google meeting, call conference etc. is still going on to achieve our goal. We also provided home based therapy also with our children as per requirement of the children. Awareness programs also organized in different districts.



Health Check up

PARENTS MEETING FOR DAY CARE

Every month we are discussing with parents of children and youngster with disabilities. Mainly we have to discuss the problems faced by the children and youngster with disabilities and what are the progresses. Parents meeting and discussion program is very important to know the present problems faced by the parents and improvement of the children.



Parents Meeting

1.2 DIRECT CHILD ASSISTANT (DCA)

Since September 2012, HD Foundation started Direct Child Assistance with the support of Jan Vikas Samiti-Liliane Foundation, Netherland; we had supported in terms of Health, Education, Vocational Training, and Social Empowerment. At present the foundation is supporting to 72 children with various disabilities below the age of 25 years. We also provide home base therapy to those who are not able to come to the center. Our organization provide online video therapy services i.e. Telerehabilitation services.



Home Based Therapy

Details of details are as given below:

Sl.	Particular		No. of Children
1	Health		
	a	Medication	3
	b	Physiotherapy	29
	c	Occupational Therapy	8
	d	Speech Therapy	21
2	Education		33
3	Vocational Training		2

1.3 CROSS DISABILITY AND REHABILITATION COUNSELLING CENTRE

The Handicapped Development Foundation starting the Grant-in-Aid to Voluntary Organization Under Deendayal Disabled Rehabilitation Scheme (DDRS), the name of project is Cross Disability Therapy and Counselling Centre 2022-23. The project Acknowledgment No. is MN/MN/00019642/DDRS/09-22/59925. This project helps to develop and contribute for an effective implementation of the inclusive education for the disabled and poor children through innovative, intervention, facilitation, capacity building, strengthening and initiative of community approach for sustainable. Total number of the beneficiaries is 43. HD Foundation was providing rehabilitation work and counselling for the needy children i.e. physiotherapy, speech therapy, occupational therapy, Learning foundation, medical checkup, parents counseling and persons with disabilities counseling.

1.4 BASANTA SAPAM CHAOBI INTEGRATED TRAINING AND RESEARCH INSTITUTION

Basanta Sapam Chaobi Integrated Training and Research Institution is established in 19th February 2022. This Institution is to bring the persons with disabilities equality in the society and can work in the society without any discrimination. Persons with disabilities need good levels of initiative, determination and tenacity. In this year BCI Research Institution provide training program on Cotton rolling & reeling and weaving for persons with disabilities, parents of disabilities and other women. Around 80 persons was given the training.



Cotton Rolling and reeling



Weaving

2. AID AND APPLIANCES DISTRIBUTION

Handicapped Development Foundation Manipur was distributed Aid and Appliances for needy persons with disabilities. In this year HD Foundation distributed Hearing Aid- 5, 2 Wheel chair and 30 catheters for persons with disabilities.



Hearing Aid



Hearing Aid

Details of Aid and Appliances distributed upto 2023 are as follows:

Sl.	Name of Aid and Appliances	No. of Person Distributed
1	Hearing Aid	95
2	White Cane	600
3	Smart Cane	100
4	Wheelchair	12
5	Tricycle	5
6	Catheter	30
7	KITS	18

3. VOCATIONAL TRAINING PROGRAM

Handicapped Development Foundation provide vocational training programme for Person with Disabilities as a regular programmed with the main goal to sustain livelihood and upgrading their talent at different place. In this year we provided vocational training namely cotton rolling and reeling, Food Processing and Weaving. Around 90 persons with disabilities and their parents provided the training program. Total number of disabilities those who have taken the training program upto 2023 are as follows:

Sl.	Name of Trade	No. of persons trained
1	Candle Making	100
2	Paper Bag Making	100
3	Tailoring	75
4	Hand Embroidery	35
5	Computer Training	25
6	Agarbati Making	50
7	Bamboo Making	50
8	Kouna Bag Making	50
9	Food Processing	50
10	Cotton rolling and reeling	50
11	Weaving	30
12	Dying	10

4. AWARENESS AND TRAINING PROGRAMS

4.1 KHADI TRAINING SKILL PROGRAM HANDICRAFT (COTTON ROLLING AND REELING)

The Handicapped Development (HD) Foundation, Manipur in collaboration with GC CRPF Langjing at CRPF Langjing Auditorium Hall organized the training program on Khadi Training Skill Program Handicraft (cotton rolling and reeling) from 10th to 12th May 2022. On Tuesday 10th May 2022, the training program was inaugurated by Shri Madan Kumar, DIGP, GC CRPF Langjing. The training program was attended around 50 persons with disabilities. Mrs. Oinam Shyma Devi, National Awardee is the trainer of the training program. After the program 10 persons with disabilities were starting the work.



Cotton Rolling and Reeling

4.2 ANNUAL GENERAL ASSEMBLY

The Handicapped Development (HD) Foundation, Manipur organized Annual General Assembly at Lamdeng Mayai Leikai new office of HD Foundation namely Basanta Sapam Chaobi Integrated Training and Research Institution, Imphal west on Sunday the 19th June 2022. The programme was attended by around 250 parents and their children, Handicapped Foundation Members and Staffs. The special Guest present in the function was: 1. Th. Sharatkumar Singh, President, Parents & Guardians Council for Persons with Disabilities, Manipur, 2. Dr. Sapam Jasowanta Singh, Chairman, Handicapped Development Foundation Manipur, 3. P. Lokendro Singh, MIDC, 4. Mr. Raghumani, Consultant, NSIC, 5. Ashikanta Singh, Consultant, NSIC, 5. Smt. Memtombi Devi, Manager NSIC, 6. Oinam Shyama Devi, Secretary, Unique Manipuri Women Association, 7. Mr. Thoithoi Singh, Legal Adviser, HD Foundation Manipur, 8. Ch. Rupachandra Singh, Adviser, HD Foundation, Manipur, 9. Mr. Amarendra Sharma, MRW, Department of Social Welfare, Manipur 10. Thiyam Ram, Vice-President, HD Foundation Manipur.



Speech by Dr. Sapam Jasowanta Singh

4.3 FOCUS GROUP CUM AWARENESS ON DRUG DEADDICTION

Handicapped Development Foundation has been organizing ***“Focus Group Discussion cum Awareness on Drug De-addiction”*** in collaboration with Jan Vikas Samiti, Varanasi supported by Lilane Foundation, The Netherlands ***on 24th June till 30th June 2022***. As a part of awareness campaign 9 different places were covered to spread the importance of drug de-addiction. The name of places is given below:

Sl.	Name of Place	No. of Participates
1	Lamdeng Mayai Leikai, Imphal West	24
2	Basanta Sapam Chaobi Integrated Training and Research Institution, Lamdeng Makha Leikai, Imphal West	20
3	Ningthem Pukhri Mapal Makha Leikai, Imphal West	22
4	Handicapped Development Foundation Office, Imphal West	29
5	Khaidem Mayai Leikai, Imphal West	22
6	Saiton Santipur, Bishnupur	21
7	Toubul Awang Leikai, Bishnupur	25
8	Waheng Khuman Maning Leikai, Bishnupur	17
9	Heinoupok, Imphal West	20

Mainly we focused to cover the Parents, Students, Club Members and Women’s Association Group in this awareness program. Around 200 peoples gave this awareness program. In Manipur most of the related issues are outlook Club Members and Women’s Association Group to control the drug users in their location. Mr. Ningthoujam Sanatomba Singh, Physiotherapist, HD Foundation explain the related issue of drug in Manipur and the problem faces in the family. Many people don’t understand what drug addiction is and how someone gets addicted to drugs. But in reality, it is a more complex problem that drugs change the brain chemistry of a person in such a way, it becomes very difficult to quit, even if they want to stop. Different drugs have different compounds and affect the human body differently. Effects of drug abuse also depend on the way you consume it. There are few ways a drug can be consumed, like injection, inhalation and ingestion. He also expressed drug addiction has become a serious concern worldwide. It affects not only the victim but also their family, friends, and entire society. Drug addiction treatment is possible. Treatment is challenging but effective. There is no better prevention of drug problems than adopting a healthy lifestyle. Being active and fit makes it easier to manage stress. This, in turn, helps to reduce the urge to use drugs or any other harmful substances to manage stress.



Speech by Dr. Ningthoujam Sanatomba Singh

Most of the disability family were economical backward they have lots of problem faced and depressed. And sometimes to escape from stress, people turn to alcohol and drugs. In the end, this can make life more miserable and stressful. To avoid this, we should learn to handle stress without using drugs. Take up exercising, help each other, engaged some earning works etc. Our organization believes that through this campaign it will give awareness to the mass also we are happy after seeing the response from the people.

4.4 142TH BIRTH ANNIVERSARY OF HELEN KELLER AND FORMATION OF PARENTS GROUP

Handicapped Development Foundation, Manipur, has been celebrating the 142th Birth Anniversary of Helen Keller and Formation of Parents Group on Monday, the 27th June 2022 at HD Foundation Office Premises, Sagolband Tera Pukhri Mapal near Kebol Highschool, Imphal West. On this programme around 80 participants which includes children with disabilities, parents. The celebration starts with floral tributes to photo of Helen Keller. Dr. Sapam Jasowanta Singh, Chairman, Handicapped Development Foundation, Manipur was expressed that the events as remembering Helen Keller motivated many persons with disabilities to follow her way of thought and achievements despite of the disabilities and hurdles that came across. Mr. Khundrakpam Premjit Singh, Manger, LYTJA Enterprises was also expressed that we should always strive to be something or like someone great like Helen Keller. In this related even the Handicapped Development Foundation making one parents group to strengthen and support groups so that they can join and not feel alone. All of the parents accepted and making the group. By forming Parents Groups will have a platform to meet people with the same circumstances with whom they can exchange their experiences and emotions. After making the parents group our children with disabilities were presented different talent items i.e. Dance Rhymes, Mister Show and drumming. In this regard HD Foundation organized one day tree plantation program was held on Sunday 26th June 2023 at our office site place Basanta Sapam Chaobi Integrated Research and Training Institution at Lamdeng Makha Leikai, Imphal West.



Formation of Parents Group - Performed our Children with disabilities



Tree Plantation

4.5 TWO DAYS TRAINING PROGRAM ON FOOD PROCESSING OF PARENTS WITH DISABILITIES

The Handicapped Development (HD) Foundation, Manipur “Two days Training Program on Food Processing of Parents with Disability on 6th to 7th August 2022 at Handicapped Development office premises. Resource Persons Mr. P. Lokendro Singh, MIDC and Mr. R.K Sanatombi Singh were present for the training program. First day resource person R.K Sanatombi Singh were expressed that why food processing is very important and the procedure of the pickles making i.e. Amla Pickles, Amla Candy, Ginger Pickles, Ginger Candy, Juice making along with practice also done. A pickle is a food that has been preserved in a vinegar solution, or naturally fermented with a salt brine. Second Day other pickles making taught the procedure of Fish Pickle, Chicken pickle and King Chilly Pickles. Pickles making is very supportive for the parents and persons with disabilities. All of the parents with disabilities and youngster with disabilities are very happy to attend the training program.



Ginger Candy Making

4.6 AZADI KA AMRIT MAHOTSAV (AKAM)

The Government of India is celebrating Azadi ka Amrit Mahotsav (AKAM) to commemorate 75 years of India's Independence. In this regard, the Handicapped Development Foundation Manipur organized awareness program supported by National Trust, Ministry of Culture through Department of Empowerment of Persons with Disabilities (DEPwD), Ministry of Social Justice & Empowerment on 13th to 15th August 2022 under the theme “Inclusive Development” Har Ghar Tiranga. Initially HD Foundation organized some different programs such as distributed Tiranga in different places, hosting the flag, inclusive program of children with disabilities with normal children.



4.6 NGO NETWORK MEETING

Handicapped Development Foundation, Manipur has been organizing one day discussion program on “**NGO Network Meeting**” in collaboration with Jan Vikas Samiti, Varanasi supported by Lilane Foundation, The Netherlands on Tuesday, 25th September 2022 at HD Foundation Office Premises. Around 12 participants were present the program. Name of the organizations were Handicapped Development Foundation, Manipur, MANEDA and FCSNE. Interaction program was also done with Fr. Chandran Riymonds, Director, Jan Vikas Samiti, Varanasi with the participants. They were discussed the issues and challenges for the person with disabilities of the networking problem and “How to Map the Network” to determine what type of network the currently have, discover how the networking practices can lead to one kind of network or another, and overcome the key paradoxes of network building.



4.7 THE 15th FORTNIGHT BARRIER FREE CAMPAIGN 2022 (17th – 31st October 2022)

Handicapped Development (HD) Foundation, Manipur, has been organizing “The Barrier Free Campaign” every year since 2008 with main objective of organizing campaign is to make a barrier free environment in our society for enabling to bring the people with disabilities in the mainstream life. For this year we set the theme “**All the ways possible**”. The 15th Fortnight Barrier Free Campaign, organised by Handicapped Development (HD) Foundation, Manipur on Monday at the Medical Directorate. The campaign will continue till 31st October, 2022. The Campaign was launched by Additional Director (PH) of Directorate of Health Service Y. Gopalkrishna Singh and Chairman of HD Foundation, Dr Sapam Jasowanta Singh. Mr. Y. Gopalkrishna Singh, Additional Director expressed that people should not side-lined differently able person. Though they are physically challenged, they are blessed with extraordinary qualities. He further said that until and unless discriminations against differently able persons are stopped, they will not be able to enjoy their life and rights fully. The life of differently abled persons also matters in order to bring equal development in the society. At any time, even a normal person can become disabled because of an accident or heart stroke etc. he said, while stating that it is high time to create a differently abled friendly environment.



Chairman of Handicapped Development Foundation, Dr. Sapam Jasowanta Singh said that with the rising of awareness on proper treatment against persons with disability (PwD), discrimination against this second of society has been gradually reducing. He further said that the government had implemented an act for PwD to bring inclusive development and to become a responsible citizen. Yet due to low accessibility, many PwD are still unable to utilize their own potential. There are high expectations that all forms of barriers faced by PwD would surely be removed from society. As a part of the awareness campaign, we visited at Schools and Colleges. Main focus of the schools and colleges to be a better and develop society where each and every person could get full opportunities and equal participation, we need to understand why and how these barriers must be removed. More than 100 UDID card enrollment process for persons with disabilities was done in different places.

The closing ceremony in connection with Awareness on Health Care Related Information to the Parents to be held on Saturday, the 31th October 2021 at the office premises of Handicapped Development Foundation. We strongly believe that this awareness will give impact to the society to change a better society in inclusive society also to live with dignity.

4.8 MEETING WITH SCHOOL TEACHERS

Handicapped Development (HD) Foundation, Manipur has been organized Meeting with School Teachers at Higher secondary schools and colleges on 19th and 21st October 2022. Main focus of the Meeting was creating an environment that is inclusive, accessible and useable by everyone in the society, including people with disabilities. Name of the Higher Secondary Schools and Schools are given below:



Meeting with School Principal Divine Light School

- On 19th October 2022 at Ima International Modernize Academy, Imphal.
- On 21st October 2022 at Koloipal High School, Khumbong and Divine Light School Imphal.

Main focus of the schools and colleges to be a better and develop society where each and every person could get full opportunities and equal participation, we need to understand why and how these barriers must be removed. We discussed with the principal of the higher secondary school and schools of identified the problem was facing to manipulate with inclusive the education. Most of the schools, Higher Secondary and colleges were not accessible for the persons with disability student. Braille system, Ramp, accessible toilet, accessible rooms etc. was not available.

4.9 MEETING & TRAINING WITH ASHA, ANM AND ANGANWADI WORKER REGARDING PREVENTION OF DISABILITY, VACCINATION AND EARLY IDENTIFICATION.

Handicapped Development (HD) Foundation organized Meeting & Training with ASHA, ANM and Anganwadi Worker regarding Prevention of Disability, Vaccination and early Identification held on Monday, 31st October 2022 at HAKO Club Thanga. The Presidium Members was present Dr. Sapam Jasowanta Singh, Chairman, Handicapped Development Foundation Manipur, Mr. Heisanam Gopendro Singh, President HAKO Club, Mr. Salam Kumar Singh, Secretary of HAKO Club and Mr.



Speech by Mrs. Kakchingtabam Sumati Devi, District Public Health Nursing Officer

Heisanam Tomba Singh, Member of the Heisanam Community. Resource persons 1. Mrs. Kakchingtabam Sumati Devi, District Public Health Nursing Officer (CMO Imphal East) Govt. of Manipur, Department of Health and Family Welfare was expressed the importance of Vaccination and schedule of Vaccination. Vaccination is a simple, safe and effective way of protecting the child against harmful diseases. It uses the body defenses to build resistance to specific infections and makes the immune system stronger. Vaccines train the immune system to create antibodies, just as it does when it's exposed to a disease. 2. Mr. Ningthoujam Sanatomba Singh, Physiotherapist was expressed to understand the value of early identification and early intervention services can change a child's developmental path and improve outcomes for children, families and communities. Early Identification refers to a parent, educator, health professional, or other adult's ability to recognize developmental milestones in children and to understand the value of early intervention. Early intervention services can change a child's developmental path and improve outcomes for children, families, and communities.

4.10 IDENTIFICATION OF NEW CHILDREN WITH DISABILITY

Handicapped Development (HD) Foundation organized awareness program on "Identification of New Children" on Sunday, 29th October 2022 at Khongman Zone V, Community Hall. The Resource Persons was present Kakchingtabam Sumati Devi, District Public Health Nursing Officer (CMO Imphal East), Government of Manipur, Dr. Ningthoujam Sanatomba Singh, Physiotherapist and Y. Guddi Devi, Special Educator. The main objective of the Health Awareness programme is to identify to the children with disability in the early stage to reduce the disability problems. Dr. Sapam Jasowanta Singh, Chairman, Handicapped Development Foundation Manipur expressed that type of disabilities and their problems.

The Resource Person Madam Kakchingtabam Sumati Devi expressed to understand the value of early identification and early intervention services can change a child's developmental path and improve outcomes for children, families and communities. Y. Guddy Devi, Special Educator expressed that the list of 25 Normal Milestones of development relevant to Indian Situation and their causes. Dr. Ningthoujam Sanatomba Singh, Physiotherapist expressed that early Identification of new children with disabilities. Early intervention services can change a child's developmental path and improve outcomes for children, families, and communities. Maternal health care is extremely essential for the healthy life of the mother and the new born.



**Speech by Mrs. Kakchingtabam Sumati Devi,
District Public Health Nursing Officer**

4.11 DISABILITY CERTIFICATE AND UDID CARD MAKING

The Handicapped Development (HD) Foundation, Manipur was organized Disability Certificate and UDID Card Making on 30th October 2022 at SKYC Club, Sekmai, Imphal West. Before organizing the program, we published the local areas for making the UDID card making and required documents bring along with them. Around 63 persons was participated i.e. Disability, Parents of Disability, Club members, other members and HD Foundation staff members. In this day 10 UDID card was enrolled and given received. Dr. Sapam Jasowanta



UDID Card Making

Singh expressed that the objective of the UDID Card and benefits provided by the Government through its various Ministries and their Departments. Mr. Oinam Nirajkumar Singh, Media coordinator was expressed that the UDID portal shall be designed to provide an online platform 1. New application for UDID, 2. Renewal of existing certificate/card on expiration of validity, 3. In the event of loss of card/certificate. In addition to the above, the UDID Portal shall also provide information on the various schemes/benefits, procedures to apply for Disability Certificate/UDID Card. All of the staff was collected the documents related making the UDID card. Most of the disabilities have no knowledge the making of the UDID card and documents related of making the certificate.

4.11 AWARENESS PROGRAM ON VITAMIN ANGEL AND ALBENDAZOLE (DEWORMING)

Handicapped Development (HD) Foundation organized awareness program on “Vitamin Angel and Albendazole (Deworming)” in collaboration with Jan Vikas Samiti, Varanasi and Vitamin Angel India on Sunday, 5th November 2022 at HD Foundation office premises. HD Foundation staff members and Shija Hospital nurses participated the training program. The trainer of the Vitamin Angel was Mr. Swapan Kumar Das, Sr. State Program Officer – Northeast & WB. In this regard HD Foundation distributed Vitamin A and Albendazole (deworming) in different districts i.e. Thoubal, Imphal West, Imphal East and Tamenglong.



Speech by Mr. Swapan Kumar Das, Sr. State Program Officer- Northeast &WB

4.12 5TH CHILDREN DAY CELEBRATION AND FORMATION OF INCLUSIVE CHILDREN PARLIAMENT

Handicapped Development Foundation Celebrated 5th Children Day and Formation of Inclusive Children Parliament on Monday, 14th November 2022 at Millenium Garden, Haorang, Imphal West. Around 85 children with disabilities, Normal children, parents of children with disabilities, NSIC team members and HDF Staff members were attended the program. Children's Day was celebrated to increase the children's talents and motivated the children (Children with Disabilities). Children's day is a special day for our children. One of the most special days of the year for a child is children's day, which is dedicated entirely to the children. HD Foundation held this simple and unique children's day celebration to give awareness and inclusive children with disabilities in the society. The painting competition was stated with our children with disabilities and normal children. After that painting competition was held for the children to Fashion show their inner talents. As the programe goes on after the Fashion show Dr. Sapam Jasowanta Singh, Chairman, Handicapped Development Foundation, expressed that the children as well as to the parents. Their children are disabled but they have hidden talents so, we should encourage them. After the speech children perform different kinds of activity like fashion show, poem recitation, dance and singing etc. Parents of the children with disabilities was also expressed that children with disabilities are need to provide some assistance and society also change their attitude. After that one group was formed Inclusive Children Parliament (ICP).



Children Day Cake Cutting Ceremony

4.13 INTERNATIONAL DAY OF PERSONS WITH DISABILITY AND DISABILITY PEOPLE'S ORGANIZATION (DPO) FORMATION

The Handicapped Development (HD) Foundation, Manipur observed International Day of Persons with Disability under the theme “**Transformative Solutions for Inclusive Development**: the role of innovation in fueling an accessible and equitable world” and 3rd Death Anniversary of Leisangthem Roshmani in collaboration with Advocate Leisanthem Roshmani Memorial Trust (ALRMT) at Basanta Sapam Chaobi Integrated Training & Research Institute complex of Lamdeng Makha Leikai near Laikhurembi Ema on Saturday the 3rd December 2022. The programme was attended around 120 participants which includes Persons with Disabilities, Parents, Others members, Handicapped Foundation Members and Staffs. The dignitaries



DPO Formation, Imphal West

present in the function were: Wangkheimayum (Ongbi) Sumati Devi, Social Worker as Chief Guest, Oinam Indira Devi, National & International Awardee, State Co-convenor, Samvardhinee NYAS, Manipur PRANT and Chingambam Chaoba Singh, Petron member, HD Foundation, Manipur as a guest of honour, Dr. Sapam Jasowanta Singh, Chairman, Handicapped Development Foundation, Manipur as a President, Mr. Sairem Thoithoi, Advocate and Mr. Roshan Moirangthem, Advocate as a Resource Person. The Guest of Honour's express that the rights and well-being of persons with disabilities to increase awareness of the situation of persons with disabilities and explain Disability RPwD Act 2016. Chief Guest said that the society's understanding of disability is improving as we recognize “disability” as what occurs when a person's functional needs are not addressed in his or her physical and social environment.

Meritorious award was presented by Chief Guest & Guest of Honour to our student with disabilities with High qualified passed X and XII standard examination. After that various **variety program by Children with disabilities**. One Disability People's Organization (DPO's) was formed under the guidance of Dr. Sapam Jasowanta, Chairman, HD Foundation Manipur. The President, Dr. Sapam Jasowanta Singh, Chairman, HDF Manipur express the problems faced by the persons with disabilities. This is a programme organized to bring equality in the society. The Programme was successfully organised as we could give message to build the empowering persons with disabilities for an inclusive and equitable in the society.

4.13 CULTURAL PROGRAM AND PUBLIC FUNCTION FOR MASS AWARENESS

Jan Vikas Samiti, Varanasi organized mass awareness on “**Cultural Program and Public Function for Mass Awareness** in collaboration with Handicapped Development Foundation,

Manipur supported by Liliane Foundation, The Netherlands on Friday, 23rd December, 2022 at BCI Training & Research Institute Complex, Lamdeng Makha Leikai near Laikhurembi Ema, Imphal West, Manipur. The presidium member was presented 1. Mr. Madan Kumar, DIGP, Group Centre, C.R.P.F Langjing, 2. Mr. PK



Candle Lighting Program

Nayak, DIGP, M&N Sector (ops), C.R.P.F Langjing, 3. Th. Saratkumar Singh, Director, National Olympic, SNAC North East, 4. Mr. Upendra, Retired Director, Dance Academy and President, Lions Club, 5. Dr. Sapam Jasowanta Singh, Chairman, HD Foundation, Manipur, 6. Smt. Ibetombi Devi, Director, NSIC, 7. P. Loken, Chairperson, MIDC and 8. Mr. Pibaren, Managing Director, Medilane. The special guest was presented 1. L. Ashokumar Singh, Ex-Councillor, Lamdeng Makha Leikai, 2. Kh. Lokendro, President, Pioneer Club, Lamdeng Makha Leikai, 3. Mr. Ashikanta, Consultant, NISC, 4. Smt. Anandabi Devi, Social Activist, 5. Th. Totomcha Singh, Social Worker, 6. Mr. Surjitkumar, Board of Director, Imphal Urban Cooperative Bank. 7. Smt. Sagoisabi, President, Women Association Lamdeng Makha Leikai, 8. Th. Santavir Singh, Lecturer, Millenium Institute of Science, 9. P. Dhananjay Singh, Assistant Secretary, Unique Manipuri Women Association, 10. L. Amarendra Sharma, MRW, Social Welfare Department, Govt. of Manipur and Ch. Chaoba Singh. Around 121 persons was participated i.e. Children with Disabilities, Persons with Disabilities, Parents of Persons with Disabilities, Normal Students, Parents, Social Workers, other members, Officials of Government and HD Foundation staff members had participated in the program. Candle Lighting was presented by Mr. Madan Kumar, DIGP, Group Centre, C.R.P.F Langjing with other presidium members. Welcome was presented by Dr. Laishram Bina Devi, Secretary General, Handicapped Development Foundation, Manipur. Keynote address was presented Dr. Sapam Jasowanta Singh, Chairman, HD Foundation, Manipur. He highlighted the importance of the cultural program for persons with disabilities to bring inclusive society. Persons with disabilities are isolated in every field for their disabilities. After that opening song was HD Foundation Day Care children with disabilities. Various variety program was performed by Children with disabilities. The presidium member Mr. Madan Kumar, DIGP, Group Centre, C.R.P.F Langjing presented participated certificate and some amount as honoured of participants. And was expressed that he was very heartly grateful to attend this cultural program. All of the children with disabilities where God has deprived something extra talented at their born. He also blessing to do better in their future life. Various variety program was performed by persons with disabilities i.e. Dance, Songs, Recitation, Tabla, Violent, Monolok.

4.14 TRAINING PROGRAM ON DPO

Jan Vikas Samiti, Varanasi organized one day training program on “**Training program on DPO**” in collaboration with Handicapped Development Foundation, Manipur supported by Liliane Foundation, The Netherlands on Monday, 26th December, 2022 at BCI Training & Research Institute Complex, Lamdeng Makha Leikai near Laikhurembi Ema, Imphal West, Manipur. Two DPO’s members were presented i.e. Dignify Disabilities Organization, Khangabok, Imphal East and Imphal West DPO’s Members. Around 25 persons were presented in this training program. The Resource persons were presented Mr. Thoudam Inaobi Singh. He was expressed that how can build efficient training programs, recognize their requirements, creating awareness in the society, access financial support for persons with disabilities and their involvement as a part of DPO member. There are a few different platforms they can use to provide disability training in different places. This training program guided by social model and human rights-based approach to disabilities, recognizing disability as caused by unaccommodating social environments, institutions and attitudes. One interaction program was also done with resource person with the participants. Some DPOs member also expressed that they can also worked with persons with disabilities to bring the mainstream life and inclusive the society. Persons with disabilities are among the most marginalized people in every society. This training program offers a comprehensive overview of the various ways to encourage an inclusive society.



Speech by: Mr. Thoudam Inaobi Singh

4.14 ANNUAL PICNIC

Every year we bring the children in different place. Picnics are the perfect opportunity to make the physically challenged children feel loved and heard. The fresh air does wonders for the children’s mental health. Spending time outside is shown to reduce levels of anxiety and lower levels of activity in the parts of our brains related to mental illness. In this year, our organisation also went for a picnic with our children with disabilities and parents to a picnic spot where nature meets well designed & decorated place which is perfect for the kids. The name of the place is “Millenium Garden” Imphal West district on Thursday, 9th February 2023. The children were extremely happy and played their heart out. It was an amazing experience for us as well. Their smiles meant a lot to themselves as well as the happiness made our day. It was an amazing experience for us as well.



Annual Picnic

4.15 WORLD DOWN SYNDROME DAY

On 21st March 2023, Handicapped Development Foundation organized World Down Syndrome day with the theme of “with us not for us” at HD Foundation office premises. Dr.

Sapam Jasowanta Singh, Chairman, Handicapped

Development Foundation and Dr. Laishram Bina Devi, Secretary General, HD Foundation was the special guest for the program. Firstly, welcome and keynote speech was presented by Dr. Sapam Jasowana Singh, Chairman HD Foundation. After the welcome speech our day care children with disabilities was presented welcome song. Then most valuable part awareness



Speech by Madam Guddy Yensembam, Special Educator

presentation about down syndrome was present by Madam Guddy Yensembam, Special Educator, HD Foundation and Dr. Ningthoujam Sanatomba Singh, Physiotherapist cum health coordinator of HD Foundation. They were expressed those causes of down syndrome, treatment, intervention and success persons with down syndrome i.e. James Martin, actor who win an Oscar award, Tim Harries, athlete who won gold medal at the special Olympics etc. After the presentation our children with disabilities performed their talent in different way i.e. dance, rhyme, song, drumming etc.

5 TRAINING PROGRAM ON CAPACITY AND STRENGTHNING OF THE STAFF

Handicapped Development Organization organized two days staff training program on Capacity and strengthening of the staffs.

The training program was as on documentation and report writing on 19th to 20th December 2022 at Handicapped Development office premises. Five staffs were present at the training program. Madam Motibala Devi was the instructor of the training programme. She expressed on how to write the report and documentation of the office related works. The main discussion topic was report requires and understanding of the process. The report writing is very important and record of what we have seen, heard, done or investigated. It is a methodical and well organised presentation of data and results of the work.



Speech by Madam Motibala Devi

6 OTHER ACTIVITIES

- 6.1** National Handicapped Finance and Development Corporation (NHFDC) organized by the PwDs, DEPwD is supporting the national exhibition- Divya Kala Mela – an Exhibition-cum-Fair to exhibit/sale of products made by Persons with Disabilities (PwDs) from 1-7th December, 2022 at India Gate (road leading to KG Marg/Shahjahan Road, near statue of Netaji Subhash Chandra Bose), New Delhi. Two persons of our organization was participated the Divya Kala Mala. All of the products were made by persons with disabilities.

- 6.2** Handicapped Development Foundation was initiated one program “Your Smile is Our Happiness”. In this program HD Foundation helping for the welfare of marginalised and downtrodden persons with disabilities to bring them to the mainstream society. Mrs. Kakchingtabam Sumati Devi, District Public Health Nursing Officer (CMO Imphal East), Government of Manipur and Mr. PK Nayak, DIGP was donated some financially and morally to the activities of the HD Foundation Their contribution to the organization is priceless and we have no words to show our gratitude for the same.



Donated some financial support to Mr. Doren Singh

SUCCESS STORY

Child Name : **Thangjam Naoba Singh**
Diagnosis : **Cerebral Palsy**
Age : **21years**

DETAILED STORY

Thangjam Naoba is the 3rd child of Thangjam Santikumar and Thangjam Subita of Lamboikhongnangkhong. Now, he is 21-year-old. He has two siblings. He is suffering from Cerebral palsy. His father is working as blacksmith and his mother is a house wife. He was born with normal delivery. He had jaundice after 7 days of birth and hospitalized for few days. When his parent noticed delayed in development of the child, they consulted Doctor. Doctor diagnosed the child's condition as cerebral palsy and advised to do physiotherapy regularly. Vaccination was done. First, the child got therapy at several private clinic as well as PMR department, RIMS. Handicapped Development Foundation meet him in 2013 at an awareness program. He started therapy at HD Foundation since 2014. When he came to office, he was unable to sit, walk without support and had problem in speech. He was unable to speak. Now, he is able to walk without support. He can speak but not clear in pronunciation. He is reading in X Standard at Uripok Tondonsana and Thamboumacha HighSchool, Lamboikhongnangkhong. He is very talented student, now he makes one model of three-wheeler cycle, it almost completed. After seeing all his improvement, his parents are very happy and still hoping to be an independent child.



Thangjam Naoba Singh

Child Name : Kshetrimayum Darshila Devi
Diagnosis : Cerebral Palsy
Age : 20years

DETAILED STORY

Kshetrimayum Darshila Devi is the first daughter of Kshetrimayum Doren Singh and Kshetrimayum (O) Romita Devi. She is 20 years old now. Her father is a mason and mother IS a housewife. She was born with normal delivery. She had jaundice after 7 days of birth and hospitalized for few days. When her parent noticed delayed in development of the child, they consulted Doctor. Health condition of the child is not well due to her disability. She got illness frequently. After that doctor notified her is Cerebral Palsy. She knows her family members and outsiders very well. Her parents given the therapy from RIMS Hospital. She is very intelligent students at the time of first school going. Her parents accepted and supported further studies. All the time her parents along with her. She is playing with her friends in school and local area. She also visits her neighbour's house. All the time her parents brought functions and awareness program to inclusive the society. Her parents always supported and motivated. As her father source of income is low, they hardly manage to run the family and sending them for regular education. After seeing her achievement her parents were very happy. Our organization met with her in 2018 and since then She is under the support of JVS. She is receiving education support and medication. **Education/Growth Process:** 1) 10 passed from Suranjy English Academy 2) 12 passed from Mekola Gulap Higher Secondary School, 3) Graduation from Imphal College. Currently she is applying M.A in Manipur University. All this successful of her academic career, she wants to show a great gratitude. Her parents are very happy to see the achievements and have a new hope again.



Kshetrimayum Darshila Devi

THANKS AND BEST WISHES

Handicapped Development Foundation Manipur shall never underestimate the role of mass media both print and electronic for making the success of our campaigns. The Foundation thanks all its members and volunteers, persons or groups or associations who have help the foundation or the disable persons in building an equal society. The Foundation specially thanks all the sponsors and donors who extend physically, morally and financially for making success our activities.

HD Foundation Manipur extended the warm wishes to all, especially to the PWDs. May their wishes for self-reliability and self-dependent be fulfilled. Let's hope everyone takes the initiatives for mainstreaming the brothers' & sisters with disabilities.

HANDICAPPEDDEVELOPMENTFOUNDATION, MANIPUR

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